

The Family Coach Service's 5 week

Building a Behaviour Toolbox Parent Empowerment Group

Thursdays 9:15-10:45 am @ Holy Trinity Primary School

STARTING THURSDAY 9TH OF JANUARY

All families with a child that has a need within **any of the 4 areas of SEND** are welcome
We are a needs based service. **No EHCP or formal diagnosis** is needed.

4 Areas of SEND

Communication
& Interaction



Cognition and
learning



Social, Emotional
& Mental Health



Sensory and
Physical



9TH OF
JANUARY

What's already in
your behaviour
toolbox?

16TH OF
JANUARY

Understanding
your child's
behaviour

23RD OF
JANUARY

Responding to
your child's
behaviour

6TH OF
FEBRUARY

Repairing after
challenging
moments

13TH OF
FEBRUARY

Preventing
parental burnout

*"Coming to the group
helped me realise I'm
not alone in this"*

There are **10 spaces available**. We ask that families are able to attend **all 5 sessions**.

To sign up send an email to familycoach@hackney.gov.uk