

Pupil Support

The pupil should be involved, as much as possible, to help manage his/her own allergy. The pupil can:

- Make sure he or she does not to exchange food with other pupils.
- Avoid eating anything with unknown ingredients.
- Be proactive in the care and management of their food allergies and reactions (older children and young people will be more proficient at this than younger children, who may require support).
- Notify an adult immediately if they eat something they believe may contain the food to which they are allergic.
- Notify an adult immediately if they believe they are having a reaction, even if they do not know the cause.

Insects

- Diligent management of wasp and ant nests on school grounds. Staff and students are educated to report significant presence of insects in play areas.
- There is age appropriate education of the children with severe insect allergies.

Pets or visiting animals

If pets or animals are kept in the school, careful consideration will be given to:

- Where the animals are kept.
- Where the feed will be kept and that it is stored in secure, airtight containers.
- Hygiene and cleanliness when children handle pets.
- Careful consideration of individual children's allergies, including risk assessments where these are indicated.

The School Health Team Support

The school nurse will support the school, pupils and families by:

- Writing and reviewing individual health care plans jointly with parents and the school for all pupils with medical needs.
- Providing high quality training for school staff to manage allergies in school.
- Reviewing health care plans on an annual basis, as well as following a reaction or a change in the child's need.
- Meeting children for review in school medical if more medical information is needed to write the school health plan.
- Providing support to parents as required, i.e. getting medic alert bracelets.
- Support pupils to manage their allergies.
- Advising the staff about best practice in supporting children with allergies

Nut, Sesame Seed and Food Related

New Wave Federation schools seek to minimise exposure to food allergens;

- All staff promote hand washing before and after eating.
- The New Wave Federation is committed to a no food and drink sharing policy outlined in our 'Whole School Food Policy'.
- Parents are encouraged to bring in packed lunches for pupils with severe allergies to minimise the risk of eating foods containing the allergen.
- School Dinners do not use nuts or sesame seeds but may contain traces of it.
- Staff members ensure that foods containing the allergens are not used in cooking or arts activities (i.e. playdough, salt dough).
- Students with any other less severe allergy are managed by the school in consultation with the parents and carers on a case by case basis (i.e. avoiding egg products when served for dinner, bringing in soy milk for a child with dairy allergies)
- There is age appropriate education of the children with severe allergies such as nuts and sesame seeds (i.e. assemblies, posters, circle times).
- Tables and surfaces are cleaned thoroughly before and after food preparation and consumption.
- Parents/carers are requested to eliminate allergenic food such as nuts and sesame from their child's lunch boxes and at school events e.g. bake sales

Aims & Objectives

The Federation's position is not to guarantee a completely allergen free environment, rather to minimise the risk of exposure, encourage self-responsibility and plan for effective response to possible emergencies. The intent of this policy is to minimise the risk of any student suffering allergy-induced anaphylaxis whilst at school or attending any school related activity. The common causes of allergies relevant to this policy are nuts, dairy products, eggs, sesame seeds, wasps, bees and ants. An allergic reaction to nuts is the most common high risk allergy and as such demands more rigorous controls throughout the policy.

School Support

The school will lead on:

- Conducting a risk assessment addressing possible risks to the child, this should include: in the classroom, in dining areas, in after-school programmes, participation in school trips
- Working with the family and School Health Team to ensure there is a health care plan in place for each child and that this is reviewed regularly including after an allergic reaction.
- Ensuring that midday meals and catering supervisors are aware of an allergic child's requirements Health Care Plans and Posters with a recent photograph for any students with allergies will be posted in relevant rooms with parental permission.
- Ensuring all staff working with these children familiarise themselves with the medical information of children with allergies.
- Including food-allergic children in all school activities. **Pupils should not be excluded based on their allergy.**
- Ensuring school staff receives high-quality training in how to manage severe allergies in schools e.g. using an Anapen, EpiPen or Jext.
- Ensuring that medications are appropriately stored and easily accessible in a secure location (they should not, however, be locked away).
- Checking Expiry dates of medication at the start of each term and that any used medicines are replaced as soon as possible after use.
- Educating the other children in allergy awareness.
- Requesting that parents/carers eliminate allergenic food such as nuts and sesame from their child's lunch boxes and at school events.

Allergy Policy 2018



Introduction

The New Wave Federation is dedicated to celebrating the success of individuals and groups where they are empowered to exceed their own expectations and to make a valuable contribution to their society. Through a caring, safe, supportive, and challenging ethos, we pride ourselves in delivering an excellent quality of education, where mutual respect and opportunity for all are combined with the values of community life.

This policy is concerned with a whole school approach to the health care and management of those members of the school community suffering from specific allergies.

Parent and Family Support

Parents and carers have a highly developed knowledge of their child's needs and are crucial in communicating these to the school staff. Parents and carers can help by:

- Notifying the school of the child's allergies. Parents are responsible for providing ongoing accurate and current medical information to the school. Any change in a child's medical condition during the year must be reported to the school. The school will seek updated information via a medical form at the commencement of each academic year.
- Working with the school and school nurse to develop an individual health care plan that accommodates your child's needs throughout the school day.
- Making sure medications are replaced after use or when they expire.
- Educating your child in allergy self-management, including what foods are safe and unsafe, how they can avoid allergens, how they can spot the symptoms of allergy, how and when they should tell an adult of any reaction, and how to read food labels.
- Providing a "stash" of safe snacks for special school events and periodically checking its supply.
- Reviewing policies and procedures with the school staff, the child's doctor and the child (if age appropriate) after a reaction has occurred.

High Aspirations ○ High Standards ○ High Achievement

