



Woodberry Down Community Primary School

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Executive Headteacher: Mrs Michelle Thomas

Headteacher: Mr Derek Hewie

Monday 4th June 2018

Dear Parents and Carers,

Re: SRE – Parent/Carer Sessions

At Woodberry Down we teach the PSHE curriculum using Jigsaw PSHE: a comprehensive scheme of work used from EYFS through to Year 6. This term, each class will be studying the Jigsaw Puzzle:

Changing Me.

This Puzzle is a graduated, age-appropriate programme of SRE (Sex and Relationship Education) which ensures that all children develop confidence in talking, listening and thinking about feelings and relationships; are able to name parts of the body and describe how their bodies work; can protect themselves and ask for help and support; are prepared for puberty.

The SRE content from EYFS to Year 6 is developmental and starts early on:

Foundation Growing up: how we have changed since we were babies;

Year 1 Boys' and girls' bodies; body parts;

Year 2 Boys' and girls' bodies; body parts and respecting privacy;

Year 3 How babies grow and how boys' and girls' bodies change as they grow older;

Year 4 Internal and external reproductive body parts, body changes in girls and menstruation;

Year 5 Puberty for boys and girls, and conception;

Year 6 Puberty for boys and girls and understanding conception to birth of a baby.

Classteachers will be holding sessions for parents and carers in their classrooms, from **3:45pm – 4:15pm on Thursday 14th June**. The aim of these sessions is to provide the context, principles and practice for teaching high quality Sex and Relationships Education and for you to become familiar with the Jigsaw '*Changing Me*' Puzzle, the materials and approach.

We hope that the sessions will be useful and informative and we look forward to seeing you there.

Kind regards,

Derek Hewie
Headteacher